

January Ride List

Weekly Rides and General Ride Description

BCP offers regular weekly rides. Below is a general description of the weekly rides, with pace, mileage, starting time, location, and leader or coordinator. The weekly rides are also listed by date in the Monthly Ride Calendar which you should check for specific ride leaders and any additional information on the ride.

Sundays

Sunday Off-Season Training Ride for New Racers.

8:45. Class A/B, 18-22 mph, 40-50 miles. This is an off-season training ride for people that may be interested in racing next year. The ride is not a race and nobody will be dropped. It will be mid-tempo designed to be equal parts social and training. Leaves at 8:45 from the Bulldog statue, at 25th Street & Fairmount Avenue. *Leader: Mark Pfeiffer, 267-934-1515, pfeiffer.mark@gmail.com.*

Hike the Wissahickon. We will be hiking in the beautiful Wissahickon every Sunday morning in January and February, beginning at 9:30. Start locations vary. We usually hike 5-7 miles, mostly on trails, with a flat option. The hikes generally last two and a half to three hours, and some of us go to Bruno's afterward for lunch. If the weather is questionable, check the BCP mailing list at 8:00 Sunday

morning or check with the hike leader. Be sure to see the Monthly Ride Calendar for starting location and hike leaders. *Coordinator: Debbie Hoellein, 215-833-5545, wholelion@aol.com.*

Sunday B Ramble. 12:00 PM. Class B, 14-15 mph, usually 40 to 50 miles. See Monthly Ride Calendar for description and destination. Meet at the Italian Fountain behind the Art Museum. *Coordinator: Jim Laurino, 215-476-5091, bcpbit709x.jimlaur@dfgh.net.*

Sunny Sunday Afternoon D Ride. Noon. For the beginner who wishes to learn and improve biking skills. Usually 12-20 miles. Meet at the formal entrance to the Azalea Garden at the circle behind the Art Museum. *Coordinator: Jeff Bakely, 215-843-1093, rides0750.bcpjeff@dfgh.net.* The ride returns for January 2008, led by Tim Carey, BCP's founder and the originator of this ride. Although there will not be a formal Instructional Riding Class for New Riders, Tim does an instructional ride every time. If you want to ride, call or email the leader listed in the Monthly Ride Calendar (see below), which may have other details, too. No calls = no ride.

Sunny Sunday C Spin-Off. 12:15 PM. A true C ride which cheerfully waits to regroup. Usually 25-30 miles. Meet at the rock near the Italian Fountain, behind the Art Museum.

Notice of BCP Annual Meeting and Nominations for Board of Directors

Pursuant to club bylaws, the Annual Meeting of the general membership is called for Saturday, February 2, 2008 during the Awards Banquet. The Annual Meeting and the Banquet will be held at the Manayunk Brewery, 4120 Main Street, Philadelphia, PA 19127. The Annual Meeting will be called to order after the meal but before the Awards Ceremony; this is expected to be around 8:00 pm but will depend upon the pace of the meal. Those members who wish to attend the meeting but do not wish to attend the banquet will be admitted without charge after the meal.

The purpose of the meeting will be to hear reports, elect a new Board of Directors, and conduct any other business that may properly come before the Annual Meeting. The meeting will be conducted by BCP President Margaret Lenzi. After this meeting, the newly-elected Board of Directors will convene to select 2007 officers from among its membership.

The following BCP members have been nominated as Directors for 2007:

Angela Brown	Art Elwood
David Finger	Maureen Fitzpatrick
Howard Hochheiser	Sheldon Isaac
Margaret Lenzi	Thomas Lipscomb
Charles Martin	Linda McGrane
Linda Messett	Lori Mueller
Michael Seidman	Howie Wiener

Nominations will be accepted from the floor at the Annual Meeting, including self-nominations. If the person nominated is not present, it will be necessary to show that they are willing to serve before the nomination will be accepted. If anyone wishes to vote in the election but cannot attend the meeting, a proxy ballot may be obtained from Lori Mueller, BCP Secretary at (215) 824-0430. Signed proxies must be delivered to the Secretary prior to the election.

January Ride List

Coordinator: Tom Witt, 215-977-2164,
twitt@wolfblock.com.

Tuesdays

MTB on the Pennypack Trails. Class B-/C+. Starts from the Pine Road entrance to Pennypack Park at 6:30 PM. Lights and a trail permit are required: http://www.fairmountpark.org/pdf/Trail_User%20Permit%20Application.pdf). Come enjoy the great outdoors (without cars) after dark! Depending on the predicted weather and/or trail conditions, the ride may be rescheduled for another evening. Call or e-mail to confirm that the ride is on or with questions. *Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.*

Wednesdays

Northeast Training Ride. 5:30 PM. Class B-/C+, about 20 miles. A ride into Bucks County and back. Call or email to make sure ride is going; no call or email, no ride; but there are a few committed riders, so most nights the ride will go. Front and rear lights required. We'll return around 7:00 PM. Meet in the Lincoln High School pool parking lot, on Rowland Ave just north of Ryan Ave. *Leader: Joe Feeney, 215-601-8412, jfe7378071@aol.com*

Saturdays

Saturday C+ Training Ride. 11:00. Class C+, 13-14 mph, 40-50 miles. Ambler and Devon are among the common destinations, and we do our best to ride as a cohesive group. Routes are as flat as possible. We'll try to keep a steady pace and effort: rolling speed on flat terrain ~15 mph. Meet at the Italian Fountain behind the Art Museum at 11:00. *Leaders: Rafael Corredoira, 215-747-0930, rcorredo@lycos.com and Thomas Lipscomb, 215-880-5238, thomas.lipscomb@phila.gov.* Check the Current Ride Listing for ride descriptions, time changes, and cancellations.

Northeast Ramble. Class C-, 15 to 35 miles depending on weather, etc. Must be above freezing. Call Thursday evening or Friday for details of start location, destination, etc. Always a brunch stop. Usually leave at 9:00 or 10:00. No calls - no ride. *Leaders: Dick and Madge Trickey, 215-288-5907.*

MTB on the Wissahickon Trails. Class B. Starts from Valley Green (meet at the upper parking lot on Valley Green Road) at 9:00. A trail permit is required; http://www.fairmountpark.org/pdf/Trail_User%20Permit%20Application.pdf. We ride for almost three hours and it's never too cold to cancel;



January Ride Leaders

Chris Auth	Jeff Bakely
Chris Beetham	Roger Burnham
Tim Carey	Rafael Corredoira
Joe Feeney	Debbie Hoellein
Jim Laurino	Thomas Lipscomb
Tom Madle	Chuck Martin
Linda McGrane	Mike Olszewski
Mark Pfeiffer	Arnie Roseman
Richard Terry	Dick/Madge Trickey
Steve Trobovic	Leigh Weber
Sam Wiley	Tom Witt

however, the ride may be cancelled due to poor weather and/or trail conditions, so call ahead or e-mail to confirm or with questions. *Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.*

Monthly Ride Calendar

This is a calendar of all BCP rides this month. Regular weekly rides are listed below with the leader. Check General Ride Description above for mileage, start locations and times of weekly rides. Individual rides are listed below with complete information.

Tuesday, January 1 - New Years Day Ride to the Mummers Parade. 12:00 PM. Class B, 15-16 mph, 30 miles. Meet at 12:00 PM at the SEPTA lot in Conshohocken, E. Elm St & Harry St, under the bridge. We'll head down to Center City to see the Mummers Parade. Bring locks for your bike, a change of clothes and walking shoes. Return to Conshohocken by 4:00 PM. Slower and faster riders welcome. Ice, snow, rain, or starting temp below 35F cancels ride. *Leader: Tom Madle, 215-233-2578, TMadle@rohmmaas.com.*

Wednesday, January 2 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Wednesday, January 2 - Mailing the January Newsletter. Meet 6:30 at Wolf, Block, Schorr and Solis-Cohen LLP, 1650 Arch Street, southeast corner 17th &

January Ride List

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Arch Sts. Coordinator: Tom Witt, 215-977-2164.

Saturday, January 5 - C+ Training Ride. 11:00. See Weekly Rides for details.

Saturday, January 5 - Northeast Ramble. See Weekly Rides for details.

Saturday, January 5 - MTB on the Wissahickon Trails. 9:00. See Weekly Rides for details.

Sunday, January 6 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, January 6 - Hike the Lower Wissahickon. Meet at 9:30 at the Walnut Lane Golf Course parking lot at Walnut Lane & Magdalena St, 1 block off Henry Ave. We'll do 5-7 miles along the lower gorge. Along the way, we will visit several famous landmarks: Hermit's Cave; Lover's Leap and The Hundred Steps. We stop during the hike for brunch at the Urban Cafe, <http://www.uwishunu.com/2007/08/23/urban-cafe-in-surprising-location> which is just off the trail. Be sure to bring your gA+h appetite. Leaders: Steve Trobovic, wildyugo@verizon.net and Debbie Hoellein, 215-833-5545, wholelion@aol.com.

Sunday, January 6 - B Ramble. Class B, 14-15 mph, 44 miles. Meet at the Italian Fountain at 12:00 noon. Food stop at Whole Foods Market in Devon. Cue sheets provided. Terrain is flat to rolling hills with three or four moderate climbs. Call if the weather is questionable. Leader: Jim Laurino, 215-476-5091, bcpbit801.x.jimlaur@dfgh.net.

Sunday, January 6 - Sunny Sunday D Ride. Noon. See Weekly Ride list for details. Leader: Tim Carey, 760-416-3102, tbikenurse@aol.com.

Sunday, January 6 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Chuck Martin, 215-923-1887.

Tuesday, January 8 - MTB on the Pennypack Trails. 6:30 PM See Weekly Rides for details.

Wednesday, January 9 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Saturday, January 12 - C+ Training Ride. 11:00. See Weekly Rides for details.

Saturday, January 12 - Northeast Ramble. See Weekly Rides for details.

Saturday, January 12 - MTB on the Wissahickon Trails. 9:00. See Weekly Rides for details.

Saturday, January 12 - Fun Wheelers Winter Limbering 2 - Iron Hill Brewery Loop. 9:30. Class C-

hills, ~10mph, about 20 miles. Meet at the parking lot across the street from the IHB, Bridge St, Phoenixville. We will loop around the borough and out past Kimberton, then spin back to Iron Hill for brunch. Total ascent about 1600 ft. No one left behind, since we stop to regroup as necessary. Cue sheets provided. A multi club ride. Bring lock, beverage and money. NO CALLS = NO RIDE. Leaders: Arnie Roseman, 610-640-4529, biker73pa@msn.com and Steve Trobovic, wildyugo@verizon.net.

Sunday, January 13 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, January 13 - Hike the "Wiss". Come join Suzie & me for some morning exercise. Meet at 9:30 in front of Valley Green Inn. We'll do 5-7 miles depending on the weather and trail conditions. Four-legged hikers are welcome! Join us at Bruno's afterwards for lunch. Heavy rain cancels. If questionable, an email will go out at 8:00. Leader: Richard Terry, 215-429-2850 (cell), rtroadrash@msn.com.

Sunday, January 13 - B Ramble. Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at 12:00 noon. Show and go or look for an ad-hoc listing.

Sunday, January 13 - Sunny Sunday D Ride. Noon. See Weekly Ride list for details. Leader: Tim Carey, 760-416-3102, tbikenurse@aol.com.

Sunday, January 13 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Mike Olszewski, 215-945-2437.

Tuesday, January 15 - MTB on the Pennypack Trails. 6:30 PM See Weekly Rides for details.

Wednesday, January 16 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Saturday, January 19 - C+ Training Ride. 11:00. See Weekly Rides for details.

Saturday, January 19 - Northeast Ramble. See Weekly Rides for details.

Saturday, January 19 - MTB on the Wissahickon Trails. 9:00. See Weekly Rides for details.

Sunday, January 20 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, January 20 - Hike the Wissahickon. Meet at 9:30 at the Valley Green Inn. We'll do 5-7 miles in the beautiful Wissahickon, mainly on trails, with flat option. We can go to Bruno's afterwards for lunch. Rain cancels. Leaders: Chris Auth, 856-607-3600, chris.auth@verizon.net and Debbie Hoellein, 215-833-5545, wholelion@aol.com.

Sunday, January 20 - B Ramble. Class B, 14-15 mph,