

## Regular Weekly Rides

### Various Days

...and Various Times. Class C-/D, 15-40 miles. Come and join the fun with a new ride every time. The rides will start at, of course, Various Locations and will tour the beautiful countryside of the western suburbs of Philadelphia, Maryland, Delaware, and Chester County, Pa. *Contact Rosalyn Chasin, 302-478-1610*, to be put on a telephone notification list for ride start times, locations and distances.

### Sundays

**Sunday Morning Breakfast Ride.** Class C, up to 30 miles. Meet 8:45 at the SE corner of 22nd & Spring Garden for a delightful ride to a delightful place to have a delightful breakfast. Bring locks and money for brunch in the middle of the ride. We always need volunteers to lead us to delightful eating spots and pretty biking areas. Ride may be canceled at temperatures below 32 degrees. *Leaders:*

**Mar 6,** Ben Sears (215) 844-3784, *BikerBenn@aol.com;*

**3/13,** Jack Crowley, (610)2568188 (cell phone), *jack@jack7.com;*

**3/20,** Joseph Feeney, (215) 332-0283, *jfe7378071@aol.com;*

**3/27,** Henry Lazarus (267) 259-6275 (cell phone), *hlazar@netaxs.com.*

**B Ramble.** Class B, 14-15 mph, approx. 40 miles. Meet at the Italian Fountain behind the Art Museum at noon. Check the Monthly Calendar for leaders, ride descriptions, and cancellations.

**Sunny Sunday Afternoon Class D Ride** is over for the season. See you in the spring!

**Sunny Sunday Spin-Off Ride.** Class C, usually 25-30 miles. A true C ride which cheerfully waits to regroup. All welcome. Meets 12:15 at the rock near the Italian Fountain, behind the Art Museum. *Leaders: March 6 - Chuck Martin, 215-923-1887; 13th - Dave Johnson, 215-849-8013; 20th - Lyn Hedrick (no Sunday calls please),*

*215-483-3618; 27th - Tom Witt. 215-977-2164.*

### Tuesdays

**Starting March 29 - Schuylkill Trail.** Class C+, 10 miles. Meets 5:30 PM at the Spring Mill parking lot of the Schuylkill Trail. No one is left behind. We'll plan on being back at Spring Mill before daylight ends. 10+ miles to-night! 20+ when we move the start time to 6:00 in April. Will March 29 be the maiden voyage of the leader's fixed gear bike? *Leader: Mike Seidman, 215-242-1200, mike@prnt4u.com.*

**NightRiders.** Class C, 10-20 miles. We spin around Southern DelCo in the dark. Bike lights front and rear are a must. You must call or e-mail the leader to confirm the start time and location. Very cold or wet weather will cancel ride. Most rides start at 6 PM. *Leader: Dave Trout, 610-368-0760, brider-ride@usa.net.*

### Wednesdays

**MTB on the Pennypack Trails.** Class B-/C+. Starts from the Pine Road entrance to Pennypack Park at 6:30 PM. Lights and a trail permit are required. We ride for approximately 1-1/2 hours. Come enjoy the great outdoors after dark! Depending on weather and/or trail conditions, the day may change. Call or e-mail to confirm that the ride is on or with questions. Day-of-ride inquiries - call only. *Leader: Chris Beetham, 215-740-4637, ride\_with\_cb@verizon.net.*

### Thursdays

**Starting March 17 - Spring Training.** Class C+, but a pre-season version of the C pace. These will be shorter, slower, easier versions of the regular 3-hill rides we'll do once daylight savings time returns. No one will be dropped. Note the early pre-season time: Departs 4 PM from Italian Fountain & returns by 6. In severe weather, call to confirm. *Leader: Gary Morris, 215-557-0410, gmorris@vzavenue.net.*

*Continued on following page*

### President's message

each day. If you can volunteer to man the BCP table, please contact Linda at 215-663-5291, *adnilminussix@yahoo.com*

### Spring Event

Linda McGrane has a well-planned Spring Weekend Event to take place May 13, 14, and 15 in Danville, between Bloomsberg and Lewisburg in the Susquehanna Valley. See description and registration information on pages 6 and 7.

### Swap Meet

The BCP would like to do its annual swap meet in conjunction with the Bicycle Coalition's Freedom Valley Bike Ride on June 12. However, we still need an event chair and volunteers ASAP. Our volunteers will work with BCGP's event coordinator to make this a premier meet. If you can help, please contact me at 215-843-1093, *jbakely@verizon.net*

### Riding

See you all on the road. Spring is on the way!

## Regular Weekly Rides

### Fridays

**Wallyball. March 4 and 18.** Come to the Aquatic & Fitness Center at Riverside Racquet at 600 Righters Ferry Road in Bala Cynwyd at 7 PM for a fun and invigorating game of Wallyball. What is that, you ask? Good question - it's volleyball in a racquetball court. We play until at least 9:00. Cost is \$7.50 per person. Bring your own lock for a locker. Call the club at 610-664-6464 for directions. Call or email *coordinator Nikki Marx, 215-963-9377, bcpwallyball@hotmail.com* to let her know you are coming or there may not be a game. Also call or email Nikki if you would like to be on the Wallyball e-mail list to remind you of upcoming games.

### Saturdays

**Krank with Kolman.** Class C, 30-40 miles, 12-14 mph. Come on down and discover a new area to ride. This is wonderful, open flat to slightly rolling farm land. We will hold a "C" pace, but faster riders are welcome and may ride off. Meet at baseball field parking lot, Sharp & Columbia Sts, Millville, NJ. From 55 S, take exit 27. Go

south. Cross light. Bear right at the Y. Stay right at second Y. Go about 1 mile. Laundromat is on left; parking lot for the ride is on the right. Usual start time is 9:00, but ride may start later or be canceled depending on the weather, so call to confirm. Rain or snow cancels. Joint ride with SJ Wheelmen. *Leader: Kolman Kleinbord, 856-787-9677, kolman39@hotmail.com.*

**Spring Training Ride.** Class B-, 11-14 mph, 30-40 miles. Meet at the Italian Fountain 11:00. This month's ride is not for the faint of heart, but rather for the faint of legs as we will try to grow strong with muscle tension drills uphill. There are no planned rest stops, so bring water and food. Cue sheets will be provided to allow the hammerheads and the slowpokes to ride at their own speed. Precipitation at 10:00 cancels ride. Call the leaders if the weather is questionable. *Leaders: Sheryl Oleski, 215-713-9184 (home), 215-833-9285 (mobile), sheryloleski@hotmail.com, and Michael Kim, 215-713-9184 (home), 267-577-9285 (mobile), mdskim1@hotmail.com.*

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## BCP Annual Banquet Award Recipients

### Special Awards

The Tim Carey Award—David L. Johnson  
Member of the Year—Peter Fascia  
The President's Award—Howie Wiener

### Officer Awards

President—Jeff Bakely  
Vice President—Howie Wiener  
Treasurer—David S. Johnson  
Secretary—Gary Morris

### Public Service Awards

Alex Doty, John Boyle, and Gihon Jordan

### Ride Coordinator Awards

Ride Committee Chair—Howie Wiener  
A/B/B Ramble Coordinator—Jeff Bakely  
C & D Ride Coordinator—Len Langsdorf  
Mountain Bike Coordinator—Paul Winkfield  
Spin Off Coordinator—Tom Witt  
Bulldog A Coordinator—Bruce Taubman  
Breakfast Ride Coordinator—Henry Lazarus  
Mountain Sports Coordinator—Luis Figueroa

### Special Recognition Awards

Webmaster—Eileen Callaghan  
Membership—Sheldon Isaac

### Quick Release Editors

Chief Editor—Michael Lefkowitz  
Ride List—Kate Casano

Ride Library—Dave S. Johnson

Publications—Tom Witt

Most Improved Rider of the Year—Sheryl Oleski

### Event Coordinator Awards

Century Coordinators—Leigh Weber and Rich Connor  
New Hope to New York Coordinator—Ted Northrup and Jeff Bakely  
Summer Picnic Coordinators—Barbara Katz and Jennifer Payton  
Banquet Coordinator—Margaret Lenzi  
Swap Meet Coordinator—Doug Tedeschi  
Spring and Fall Event Coordinator—Linda McGrane

### Most Frequent Ride Leaders

Chris Beetham	Jeff Bakely
Lisa Coyle	Art Elwood
Keith "Fishbone" Fisher	Peggy Gertz
Lyn Hedrick	Doug Kennedy
Jeff Kimmel	Kolman Kleinbord
Len Langsdorf	Henry Lazarus
Vernon Lucas	Gary Morris
Arnie Roseman	Eduardo Ruchelli
Mike Seidman	Mark Shapiro
Dick Trickey	Madge Trickey
Steve Trobovic	Dave Trout
Joe Wilkinson	Debbie Wilson
Paul Winkfield	Tom Witt

## March Ride Listings

**Saturday, March 5 - Northeast Ramble.** Class C-, morning start if above freezing, 25-35 miles with lunch stop. Call for starting time & location. *Leaders: Dick & Madge Trickey, 215-288-5907.*

**Sunday, March 6 - MTB on the Pennypack Trails.** Class B-/C+. Starts from the Pine Road entrance to Pennypack Park at 9. A longer and more challenging version of the ride that we do on Wednesday evenings. We ride for approximately 2.5 hours. Please note: a trail permit is required! The ride may be canceled due because of poor weather and/or trail conditions, so call ahead or e-mail to confirm, also with questions. *Leader: Chris Beetham, 215-740-4637, ride\_with\_cb@verizon.net.*

**Sunday, March 6 - Second Chance, Hoping for a Thaw: Fun Wheelers Winter-Limbering.** Class C, about 12 mph, 30 miles. We leave 10:30 from Manhattan Bagel in the Chesterbrook Shopping Center, accessible from US 202 or PA 252. We ride through parts of Tredyffrin, Upper Merion, Gulph Mills, Swedeland, West Conshohocken (brunch-coffee stop) and Bridgeport. No one dropped. Cue sheets provided. Bring snack, H2O & \$. A multi-club ride. Call if you want to ride; No calls = No ride!. In the event of weather concerns, or for directions, please call. *Leaders: Arnie Roseman, 610-640-4529, biker73pa@msn.com, and Steve Trobovic, 610-687-9229 (home), 610-209-8259 (cell Sun.), wildyugo@comcast.net.*

**Sunday, March 6 - B Ramble.** Class B, 14-15 mph, 40-55+ miles, to Linvilla Orchards in Delaware County, southwest of Media. The distance to Linvilla is about 20 miles. The route out will be very flat. After the snack, we will separate into two groups. Some riders will return to Philadelphia. The rest of us will climb hills while using the remaining daylight. Leaves from the Italian Fountain behind the Art Museum at noon. *Leader: Jack Echols, 610-622-6997, jackvortex@aol.com.*

**Sunday, March 6 - Northeast Ramble.** Class D, start after noon. May have brief stop for refreshment. Call for starting time & location. *Leaders: Dick & Madge Trickey, 215-288-5907.*

**Thursday, March 10 - BCP Monthly Meeting.** 6:30 PM at the Manayunk Diner, 3722 Main St, Manayunk, Philadelphia, 215-483-4200. We'll be in the upstairs dining area. All BCP members are encouraged to attend. To get something on the agenda, contact *Jeff Bakely, 215-843-1093, jbakely@verizon.net.*

**Saturday, March 12 - Octoraro Creek.** Class B-, 13-14

mph, approx 52 miles. Leaving from Unionville Elementary School on Rt 82 north of Rt 1 at 8:30, we will explore the scenic Octoraro Creek area before stopping for a Mexican lunch in Cochranville, about 40 miles out. The only other food stop will be a brief one at the 7-mile point - come prepared! *Leaders: Doug Kennedy, 610-543-4664, dougkennedy7@yahoo.ca, and Debbie Wilson, 302-798-1243, djwbike@aol.com.*

**Saturday, March 12 - Late Winter.** Class B-, 13-14 mph, 38 miles. Starts from the Bowman's Hill Wildflower Preserve on Rt 32, two miles south of New Hope, at 10. This ride travels through central Bucks County on rolling terrain, with a few hills to keep us warm, but nothing major. Easy pace to slowly start getting into riding shape for the coming season. No one will be dropped. Rain an hour before the start time cancels. *Leader: Luis Figueroa, 215-280-5838, luisbikefiggs@aol.com.*

**Sunday, March 13 - 7th Annual Leprechaun Breakfast.** All classes, 30 to 40 miles. Starts 9:30 from Valley Forge National Historic Park Visitor Center, lower parking lot. This year's search for the elusive leprechaun takes us west along the Pickering and French Creeks, through three covered bridges (you don't have to go to Madison or Lancaster counties to find covered bridges), to Birchrunville. A multi-club ride. Cue sheets provided so that faster/slower groups can set their own paces. Bring liquids. Be sure to bring money for breakfast. It's very unlikely that we will find the leprechaun or his/her pot of gold. What we will find, though, is a nice firehouse breakfast/brunch near the end of a very scenic ride. There will be hills, but the route after breakfast is short and flat. *Leaders: Steve O'Trobovic, 610-687-9229 (home), 610-209-8259 (cell on Sun.), wildyugo@comcast.net, and Arnie McRoseman, 610-640-4529-biker73pa@msn.com.*

**Sunday, March 13 - B Ramble: the Ambler Ramble.** Class B, 14-15 mph, 40 miles. Fairly rolling terrain, maybe a few significant hills, but we will periodically stop and re-group, as needed. For folks who want a more relaxed, sit-down rest stop, there is the coffee/bagel shop on Butler Pike/Main Street. For those who don't, McDonald's is across the street, and there is a convenience store nearby. Rain, snow, or leftover icy roads will cancel. If temperatures are very cold, we will adjust by doing a shorter route. Please feel free to contact the leader with any questions. Leaves from the Italian Fountain at noon. *Leader: Linda McGrane, 610-251-5573 (work), 267-251-7862, mcgranel@mlhs.org.*

*Continued on next page*

## March Ride Listings

**Saturday, March 19 - Ride to Doylestown.** Class B-, 13-14 mph for 40 miles. Flat to rolling terrain with a moderate climb into Doylestown. Choice of Cyberstop Cafe or Bagel Barrel for food stop. Call if weather is questionable. Meet at 9:00 at Bruno's at the corner of Germantown and Northwestern Avenues on the border of Philly and Montgomery County. *Leader: Jeff Bakely, jbakely@verizon.net, 215-843-1093.*

**Sunday, March 20 - MTB: Somewhere in Philadelphia.** Class B-/C+. Starts from either the Pine Road entrance to Pennypack Park or Valley Green (upper parking lot) at 9. I have no idea which ride we'll do, so I'll let those planning to attend decide where we go. Please state your preference to me by phone or e-mail no later than Friday, March 18. Regardless of where we go, we'll ride for approximately 2.5 hours. Please note: a trail permit is required! The ride may be canceled because of poor weather and/or trail conditions, so call ahead or e-mail to confirm or with questions. *Leader: Chris Beetham, 215-740-4637, ride\_with\_cb@verizon.net.*

**Sunday, March 20 - B Ramble.** Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at noon. Food stop at Whole Foods Market in Devon. Cue sheets provided. Terrain is flat to rolling hills with one or two moderate climbs. Call if the weather is questionable. *Leader: Jim Laurino, 215-476-5091, bcpbit03.x.jimlaur@dfgh.net.*

**Sunday, March 20 - Norristown Farm Park.** Class C, 14 mph, ~ 35 miles, Noon departure from the Spring Mill train station parking lot. We will follow the Schuylkill trail to Norristown and then take to the roads to reach Norristown Farm Park. After leaving the park we will stop for food and continue on to Audubon and reconnect with the trail. Rain at the start cancels. Bring snacks, water, and money for a breakfast stop. *Leaders: Len Langsdorf & Patricia Murphy, 610-278-7779 (home), 215-826-6998 (work), lnl@jny.com.*

**Saturday, March 26 - Early Spring.** Class B-, 13-14 mph, 40 miles. Starts promptly at 9:30 from the Washington Crossing State Park in NJ, Rts 546 and 29, by the bridge. Let's welcome spring with this ride through Mercer County in New Jersey. It travels through rolling terrain with a few short hills to help us stay warm. Rain cancels. *Leader: Luis Figueroa, 215-280-5838, luisbikefiggs@aol.com.*

**Sunday, March 27 - B Ramble: Bryn Mawr for Ba-**



### March Ride Leaders

Jeff Bakely  
 Chris Beetham  
 Jack Crowley  
 Jack Echols  
 Joseph Feeney  
 Luis Figueroa  
 Lyn Hedrick  
 Dave Johnson  
 Doug Kennedy  
 Michael Kim  
 Kolman Kleinbord  
 Len Langsdorf  
 Jim Laurino  
 Henry Lazarus  
 Chuck Martin  
 Nikki Marx  
 Linda McGrane  
 Gary Morris  
 Patricia Murphy  
 Sheryl Oleski  
 Arnie Roseman  
 Ben Sears  
 Mike Seidman  
 Dick/Madge Trickey  
 Steve Trobovic  
 Dave Trout  
 Debbie Wilson  
 Tom Witt

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**gels.** Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at noon. Cue sheets provided. Terrain is rolling hills with a few moderate climbs. Call if the weather is questionable. *Leader: Jeff Bakely, jbakely@verizon.net, 215-843-1093.*

**Tuesday, March 29 - Mailing the April Newsletter.** Meet 6:30 at Wolf, Block, Schorr and Solis-Cohen LLP, 1650 Arch Street, southeast corner 17th & Arch Sts. *Coordinator: Tom Witt, 215-977-2164.*