

Weekly Rides and General Ride Description

BCP offers regular weekly rides. Below is a general description of the weekly rides, with pace, mileage, starting time, location, and leader or coordinator. The weekly rides are also listed by date in the Monthly Ride Calendar which you should check for specific leaders and any additional information on the ride.

Sundays

Sunday Off-Season Training Ride for New Racers. 8:45. Class A/B, 18-22 mph, 40-50 miles. This is an off-season training ride for people that may be interested in racing next year. The ride is not a race and nobody will be dropped. It will be mid-tempo, designed to be equal parts social and training. Leaves at 8:45 from the Bulldog statue, 25th Street & Fairmount Avenue. Leader: Mark Pfeiffer, 267-934-1515, pfeiffer.mark@gmail.com.

Sunday B Ramble. 12:00 PM. Class B, 14-15 mph, usually 40 to 50 miles. See Monthly Ride Calendar for description and destination. Meet at the Italian Fountain behind the Art Museum. Coordinator: Jim Laurino, 215-476-5091, bcpbit709x.jimlaur@dfgh.net.

Sunny Sunday Afternoon D Ride. Noon. For the beginner who wishes to learn and improve biking skills. Usually 12-20 miles. Meet at the formal entrance to the Azalea Garden at the circle behind the Art Museum. Coordinator: Jeff Bakely, 215-843-1093, rides08.x.bcpjeff@dfgh.net. See Monthly Ride Calendar for the week's leader and other details.

Sunny Sunday C Spin-Off. 12:15 PM. A true C ride which cheerfully waits to regroup. Usually 25-30 miles. Meet at the rock near the Italian Fountain, behind the Art Museum. Coordinator: Tom Witt, 215-977-2164, twitt@wolfblock.com.

Tuesdays

MTB on the Pennypack Trails. Class B-/C+. Starts from the Pine Road entrance to Pennypack Park at 6:30 PM. Lights and a trail permit are required:
http://www.fairmountpark.org/pdf/Trail_User%20Permit%20Application.pdf .
Come enjoy the great outdoors (without cars) after dark! Depending on the predicted weather and/or trail conditions, the ride may be rescheduled for another evening. Call or e-mail to confirm that the ride is on or with questions. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.

Wednesdays

Northeast Training Ride. 5:30 PM. Class B-/C+, about 20 miles. A ride into Bucks County and back. Call or email to make sure ride is going; no call or email, no ride, but there are a few committed riders, so most nights, the ride will go. Front and rear lights required. Ride will

return around 7:00 PM. Meet in the Lincoln High School pool parking lot, on Rowland Ave, just north of Ryan Ave. Leader: Joe Feeney, 215-601-8412, jfe7378071@aol.com

MTB on the Pennypack Trails. Class B-/C+. Starts from the Pine Road entrance to Pennypack Park at 6:30 PM. Lights and a trail permit are required:
http://www.fairmountpark.org/pdf/Trail_User%20Permit%20Application.pdf .
Come enjoy the great outdoors (without cars) after dark! Depending on the predicted weather and/or trail conditions, the ride may be rescheduled for another evening. Call or e-mail to confirm that the ride is on or with questions. Leader: Chris Beetham, 215-740-0973, ride_with_cb@verizon.net.

Thursdays

Thursday Training Ride. 5:45 PM. Note: This ride will take place only on 3/20 and 3/27 this month. Class C+/C-, approximately 15 miles. Departs 5:45 PM sharp from Italian Fountain. NOTE EARLY DEPARTURE. (This early departure is only for March -- we'll revert to 6:00 in April.) We'll do a couple short, semi-hilly routes and be back by 7:15. BRING LIGHTS. We'll push ourselves (it's a training ride) but no one will be dropped. NOTE: Any C-riders who want to train with us may ride the route a little slower as a sub-group. Leader: Gary Morris, 215-557-0410, gmorris@vzavenue.net.

Saturdays

Northeast Ramble. Class C-, 15 to 35 miles depending on weather, etc. Must be above freezing. Call Thursday evening or Friday for details of start location, destination, etc. Always a brunch stop. Usually leave at 9:00 or 10:00. No calls - no ride. Leaders: Dick and Madge Trickey, 215-288-5907.

Saturday C- to B+ Bruno's Rides. Meet at Bruno's, Northwestern & Germantown Aves, in Chestnut Hill/Lafayette Hill, for a variety of scenic rides into surrounding counties, often with a sit down food stop. Mileage and available paces will vary each week. Ride will occur most Saturdays. Check Monthly Ride Calendar for specific pace, distance, destination, and start time. Coordinator: Howard Hochheiser, 215-913-3246, howard@thebluestargroup.biz.

Saturday C+ Training Ride. 11:00. Class C+, 13-14 mph, 30-40 miles. Ambler and Plymouth Meeting are among the common destinations, and we do our best to ride as a cohesive group. Routes are as flat as possible. We'll try to keep a steady pace and effort: rolling speed on flat terrain ~15 mph. Meet at the Italian Fountain behind the Art Museum at 11:00. Leaders: Rafael Corredoira, 215-747-0930, rcorredo@lycos.com and Thomas Lipscomb, 215-880-5238, thomas.lipscomb@phila.gov. Check the Current Ride Listing for ride descriptions, time changes, and cancellations.

Monthly Ride Calendar

This is a calendar of all BCP rides this month. Regular weekly rides are listed below with the leader. Check General Ride Description above for mileage, start locations and times of weekly rides. Individual rides are listed below with complete information

Saturday, March 1 - Most BCP memberships will expire at the end of this month - it's a good idea to renew before then. Check your password message or mailing label. <http://www.phillybikeclub.org/membership.html>
Saturday, March 1 - Northeast Ramble. See Weekly Rides for details.

Saturday, March 1 - C+ Training Ride. 11:00. See Weekly Rides for details.

Sunday, March 2 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, March 2 - Hike the Wissahickon. Meet at Bruno's (215-242-1880), at 9:30, at the Germantown & Northwestern Aves in Chestnut Hill. We will do a 5-7 mile hike, mostly on trails with a flat option. We'll celebrate the last regularly scheduled Sunday hike until November (there may be ad hocs) with a potluck lunch at Debbie's afterward. RSVP to Debbie for the potluck. Leaders: Debbie Hoellein, 215-833-5545, wholelion@aol.com and Steve Trobovic, wildyugo@verizon.net.

Sunday, March 2 - You Gotta Pagoda. 10:00. Class B, 15-16 mph, 41 miles. Another ride in scenic Berks County, this time starting in Birdsboro, climbing up Mt. Penn to the Reading Pagoda and riding along the Skyline Drive before descending into the southern Oley Valley and returning to Birdsboro. Come out and enjoy the stark winter scenery and vistas unobstructed by leaves. There is plenty of climbing to keep everyone warm, and there are numerous points of interest, including the bow anchor from the U.S.S. Maine, the Reading Pagoda, the William Penn Memorial Fire Tower and the Daniel Boone Homestead. Parking for the ride is at the park at Main St (PA 724) and Water St in Birdsboro. U.S. 422 W to PA 82 S, PA 82 S over Schuylkill to PA 724 W. Water St is the third street on the right. Only wet weather or icy conditions cancels the ride. If you missed the Strausstown ride, try not to miss this one, as it is a truly memorable ride. Leaders: Rick Christie, 610-787-1985, rick@teamhematoma.com and Deane Armstrong, deane.armstrong@gmail.com.

Sunday, March 2 - Audubon Loop. Class C, 12 -13 mph, 30 miles. We will depart promptly at 10:00 from the Kohl's parking lot at Rts 73 & 202 in Blue Bell, the section of the parking lot directly across from the Centre Square Fire Company. Bring snacks, money, and H2O. This ride will be relatively flat except for one short power climb to keep us honest. We will stop to regroup when necessary. Rain, snow or wet roads will cancel so if the weather or conditions are questionable call before Sunday. Leader: Len Langsdorf, 610.278.0589 (home).

Sunday, March 2 - B Ramble: Early Season Easy Ride #1. Class B, 60 miles. Meet at the Italian Fountain at 12:00 noon. If the day is pleasant, we will cycle to the Delaware state line. 60 miles. Don't let the distance

deter you; this ride is flatter than the West River Drive. Wawa rest stop. If we face cold and wind, we will cycle to Swarthmore. Sit down food break in Italian deli (not a hoagie shop) owned by a cyclist. 40 miles. Leader: Jack Echols, 215-382-6730, JackVortex@aol.com.

Sunday, March 2 - Sunny Sunday Afternoon D Ride. 12:00. See Weekly Ride list for details. Leader: Dave Ziccardi, 215-978-7531 (home), 215-913-1328 (cell), d_ziccardi@yahoo.com.

Sunday, March 2 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Tom Witt, 215-977-2164.

Wednesday, March 5 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Wednesday, March 5 - MTB on the Pennypack Trails. 6:30 PM. See Weekly Rides for details.

Wednesday, March 5 - BCP Monthly Meeting. 6:30 PM at the Manayunk Diner, 3722 Main St, Manayunk, Philadelphia, 215-483-4200. We'll be in the upstairs dining area. All BCP members are encouraged to attend. To get something on the agenda, contact Margaret Lenzi, 215-247-9169, bcpmarg@comcast.net.

Saturday, March 8 - Northeast Ramble. See Weekly Rides for details.

Saturday, March 8 - C+ Training Ride. 11:00. See Weekly Rides for details.

Sunday, March 9 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, March 9 - B Ramble. Class B, 14-15 mph, 40-45 miles. Meet at the Italian Fountain at 12:00 noon. Show and go or look for an ad-hoc listing.

Sunday, March 9 - Instructional Riding Class for New Riders. Class D, 10-12 MPH, 10-15 Miles. 12:00. Class begins with some basic group and safety riding rules of the road. Most of the instruction will be on the bike during the ride. Meet at noon at the formal entrance to the Azalea Garden at the circle behind the Art Museum. If you plan to attend or have any questions, please contact the leader. Leader: Margaret Lenzi, 215-247-9169, bcpmarg@comcast.net.

Sunday, March 9 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Sam Wiley, 215-523-7556

Wednesday, March 12 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Wednesday, March 12 - MTB on the Pennypack Trails. 6:30 PM. See Weekly Rides for details.

Saturday, March 15 - Northeast Ramble. See Weekly Rides for details.

Saturday, March 15 - Multi Pace/Location/Club Ride to Malvern Horse Farms. 10:00. Class B/B, 13-15 mph, C/C+, 11-13 mph, 20-38 miles. Meet at Bruno's, Northwestern & Germantown Aves. in Chestnut Hill, at 9:45, Conshohocken SEPTA lot under the bridge at 10:15 (30 mile route) or Church of the Savior in Wayne at 10:30 (20 mile route) for prompt starts. We'll join SCU and reprise last year's very popular ride. Expect some hills and a WAWA stop at mile 24. Cue sheets provided. Rain, snow or starting temp below 35 cancels. Leaders: Tom Madle, 215-233-2578, tmadle@gmail.com and Margaret Lenzi, 215-247-9169, bcpmarg@comcast.net.

Saturday, March 15 - C+ Training Ride. 11:00. See Weekly Rides for details.

Sunday, March 16 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, March 16 - 10th Annual Leprechaun Breakfast. All classes, 30 miles. Starts 9:30 from Valley Forge Park Visitor Center, lower parking lot. We ride to Limerick (Montgomery county; not Ireland) looking for the Leprechaun's pot of gold. We probably won't find it, but we will find good biking roads and a great, late breakfast at the Phoenixville Polish American Club near the end of the ride. Can we get an Irish breakfast at a Polish American club? Come and find out. "Szczesliwego Dnia Sw. Patryka!" A multi-club ride. Bring \$ & H2O. Wear something green and we'll buy you coffee. U.S. 422 to the Valley Forge Rd (PA 23 W) exit. Go 0.1 mi to the main entrance to VFNHP at the traffic light. Follow the entrance road to the right, around the Visitor Center to the lower parking lot. If you want to come by SEPTA, contact Steve for directions. Leaders: Steve O'Trobovic, 610-687-9229, 484-868-4194 (cell on Sun.), wildyugo@verizon.net and Arnie McRoseman, 610-640-4529, biker73pa@msn.com.

Sunday, March 16 - B Ramble: Early Season Easy Ride #2. Class B, 40-50 miles. Meet at the Italian Fountain at 12:00 noon. We will cycle to Willow Grove (about the same distance and difficulty as a ride to Ambler), following an abandoned trolley route. Willow Grove is the highest point in eastern Montgomery County, but you do not notice the climb because of the flat grade on the old trolley line. We will travel through the Pennypack Land Trust, passing Bryn Athyn Cathedral. Four food choices at rest stop. Leader: Jack Echols, 215-382-6730, JackVortex@aol.com.

Sunday, March 16 - Sunny Sunday Afternoon D Ride. See Weekly Ride list for details. 12:00. Tour of the west side (of Fairmount Park) mansions, 18 miles. Leader: Dennis Schilling, Cell # 215-275-3337, dschill400@gmail.com.

Sunday, March 16 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Chuck Martin, 215-923-1887

Wednesday, March 19 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Wednesday, March 19 - MTB on the Pennypack Trails. 6:30 PM. See Weekly Rides for details.

Thursday, March 20 - Thursday Training Ride. 5:45 PM. See Weekly Rides for details.

Saturday, March 22 - Northeast Ramble. See Weekly Rides for details.

Saturday, March 22 - Montgomery County Meander. 10:00. Class B-, 14-15 mph, 43-45 miles. Meet at Bruno's, Northwestern & Germantown Aves in Chestnut Hill, for a scenic ride through Montgomery County. Some rolling hills, but no markedly steep climbs. Brief stop at Merrymeade farmer's market on the way out and lunch stop at Whole Foods in North Wales on the return. Cue sheets provided. Please meet 15 min early for a prompt start. Call if weather is questionable. Leader: Linda McGrane, 267-251-7862 (cell), mcgrane_linda_a@yahoo.com.

Saturday, March 22 - Ambler and Beyond. 10:00. Class C, 11-13 mph, 25 +/- miles. Meet at Bruno's, Northwestern & Germantown Aves in Chestnut Hill/Lafayette Hill for a "True C" ride to Ambler and beyond. No one left behind, as we'll regroup as needed. Some rolling hills, but no steep climbs. Food stop at Whole Foods in North Wales on the return, weather permitting. Accurate cue sheets provided. Call if weather is questionable. Leaders: Howard Hochheiser, 215-913-3246, howard@thebluestargroup.biz and Debbie Hoellein (leader trainee), 215-833-5545, wholelion@aol.com.

Saturday, March 22 - C+ Training Ride. 11:00. See Weekly Rides for details.

Sunday, March 23 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, March 23 - B Ramble. Class B, 14-15 mph, 42 miles. Meet at the Italian Fountain at 12:00 noon. Food stop at Whole Foods Market in Devon. Cue sheets provided. Terrain is flat to rolling hills with three or four moderate climbs. Call if the weather is questionable. Leader: Jim Laurino, 215-476-5091, bcpbit803.x.jimlaur@dfgh.net.

Sunday, March 23 - Sunny Sunday Afternoon D Ride. See Weekly Ride list for details. 12:00. Leader: Chris Shelton, 484-557-8627(cell), cshelton3@verizon.net.

Sunday, March 23 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Jeff Bakely, 215-843-1093.

Wednesday, March 26 - Northeast B-/C+ Training Ride. 5:30 PM. See Weekly Rides for details.

Wednesday, March 26 - MTB on the Pennypack Trails. 6:30 PM. See Weekly Rides for details.

Thursday, March 27 - Thursday Training Ride. 5:45 PM. See Weekly Rides for details.

Saturday, March 29 - Northeast Ramble. See Weekly Rides for details.

Saturday, March 29 - Doylestown. 10:00. Class B and C/C+, 15-16 mph, 40-45 miles. Meet at Bruno's, Northwestern & Germantown Aves, for a ride to Doylestown with a quick food stop. Terrain is flat to rolling. Rain cancels. Leaders: Chris Beetham (B), 215-740-0973, ride_with_cb@verizon.net and Roger Burnham (C/C+), 215-848-3545, roham215@yahoo.com.

Saturday, March 29 - C+ Training Ride. 11:00. See Weekly Rides for details.

Sunday, March 30 - Off-season Training Ride for New Racers. 8:45. See Weekly Rides for details.

Sunday, March 30 - B Ramble. Class B, 13 mph, 40 miles. Spring kick-off ride for fair weather riders like myself. Let's hope for 60 Deg F or above. Rides like a C Ride. Mystery destination. Meet at the Italian Fountain at 12:00 noon. Leader: Werner Carrieri, 215-680-2618, wernerman@aol.com.

Sunday, March 30 - Sunny Sunday Afternoon D Ride. See Weekly Ride list for details. 12:00. Leader: Marsha Hyman, 610-789-0965, mfkqueen@yahoo.com.

Sunday, March 30 - Sunny Sunday C Spin-Off. 12:15 PM. See Weekly Rides for details. Leader: Mike Olszewski, 215-945-2437.

Monday, March 31 - Most BCP memberships will expire tonight -it's a good idea to renew before then. <http://www.phillybikeclub.org/membership.html>

Tuesday, April 1 - Mailing the April Newsletter. No fooling. Meet 6:30 at Wolf, Block, Schorr and Solis-Cohen LLP, 1650 Arch Street, southeast corner 17th & Arch Sts. Coordinator: Tom Witt, 215-977-2164.