



Bicycle Club of Philadelphia's

www.phillybikeclub.org



Annual **Spring-n2-Cycling Weekend**



Friday, to Sunday, May 4-6, 2012,

In Pennsylvania's green, scenic Susquehanna Valley

We will be staying in the quaint, historic town of Danville, along the Susquehanna River. Danville is nine miles west of Bloomsburg [university town & site of an LAB cycling rally in 2000], and 16 miles east of charming Lewisburg, home of Bucknell University. Between towns, we cycle along pastoral landscapes and lots of historic covered bridges. This picturesque region of PA is well-known for its local cycling teams & rides. Terrain is mostly rolling, although steep hills can be found for the challenge-seekers! There are flat roads along both sides of the river. PLEASE NOTE: This event does NOT conflict with SCU's Quad County Metric. The QCM is the following Saturday (May 12).

Our Tour Package includes:

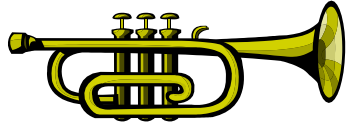
- Friday & Saturday nights at the Danville Quality Inn. All rooms non-smoking. Mini-gym at hotel.
 - Hotel's meeting room reserved for BCP for the whole weekend
 - Complete buffet-style breakfasts Saturday & Sunday [hot dishes included]
 - Friday evening Welcome Reception & Hot Dinner Buffet at hotel [6:30 to 9:30pm]
 - Tour packets prepared for each guest, with cue sheets, maps, brochures, etc.
 - Wide array of picturesque routes, terrains, & distances to ride. Off-road trails, also.
 - Featured Group Rides with a Leader on Saturday & Sunday
 - Adorable country villages, college towns, museums, & an amusement park
 - For cyclists with non-cyclist partners, an ABUNDANCE of fun, non-biking activities
- A BOUNTY of "portable" cycling snacks to take along on rides [e.g., trail mix, granola bars, etc.]
 - Saturday afternoon Post-Ride Party [4:30ish to 6:30pm]
- *Massage therapist* at hotel on Saturday afternoon for post-ride rub-downs (~\$1/minute)
- Saturday dinner at the uniquely elegant Victoria House restaurant, private dining room for BCP
 - Round-trip bus transportation to & from Saturday dinner in Lewisburg
 - Sunday afternoon "Wrap-Up & Left-overs" Party
 - Two rooms held for late check-out on Sunday for showers/changing
 - Music, party games, and raffle prizes

Cost for entire package: "EARLY-BIRD" Registration [postmarked or paid on-line by **Wed, April 4**] --Members, \$165/person, double occupancy. Non-members pay \$185/person, double occupancy. Single occupancy supplement is \$80 for members/\$88 for non-members. **LATE Registration (AFTER April 4), add \$20.** The Registration Form (in both paper & electronic versions) is available on BCP's website (<http://phillybikeclub.org>).

IMPORTANT—PLEASE NOTE: Rooms are filled on a **FIRST COME, FIRST SERVED** basis. Due to the popularity of BCP's weekend events, *we may sell out before April 4*, so **please register as early** as possible. **EVERYONE is warmly welcome!** For any questions or special needs (e.g., triple occupancy, food/diet issues, etc.), please contact **Linda McGrane**, at 267-251-7862, or mcgrane_linda_a@yahoo.com. Each guest receives a confirmation letter with customized maps/driving directions & detailed itinerary. Danville is approximately 2 hours & 30-45 mins drive northwest of Philadelphia. We look forward to welcoming you!



THANK YOU for registering for BCP's Spring-n2-Cycling Weekend 2012!



IMPORTANT NOTES



Please read carefully the following **Registration Guidelines BEFORE** proceeding to the Registration Form on the next page.

1. Please provide **ALL** contact information on the Registration Form, e.g., **phone number, email address**. These details are important, if the Event Organizer (Linda McGrane) needs to contact you about your reservation.
2. If you know that you will be traveling with a particular **roommate**, please provide that roommate's name. (If you would like to travel double occupancy and need to be paired with a roommate, enter "Please assign" for name of roommate.)
3. If you and two friends would like to travel **TRIPLE** occupancy (three in a room), please contact Linda McGrane (267-251-7862, or mcgrane_linda_a@yahoo.com), re. the triple rate. Please provide the names of all three roommates.
4. Please indicate your **entrée choice** for Saturday dinner in the space provided on the form. If two friends or a couple are registering together, that's fine, but please indicate **BOTH** entrée choices on the dual registration, e.g., chicken for one partner and fish for the other. If you have any dietary restrictions, e.g., food allergies, please complete this section on the form.
5. If you and your partner will be riding a **TANDEM** bike, please indicate this on the form, so that we can try to request a first-floor room for you.
6. If you are able to volunteer in any way, e.g., leading a ride, helping with set-up, etc., **THANK YOU!** Please indicate your availability in the Volunteering section on the form.
7. **Confirmation** of your registration will be sent via **E-MAIL**. You will receive a confirmation & welcome letter with the hotel's contact information & location, driving directions, itinerary, etc., by e-mail. This confirmation will come from Linda A. Cyclist, lindabcpevents@yahoo.com.
8. Some of our guests have more than one e-mail address, e.g., one at work, and another at home. On your registration form, please indicate your **PREFERRED (or primary) email address**.
9. Please allow 7-10 days after registering to receive your confirmation materials. If you have not received a confirmation by 10 days after registering, please call Linda McGrane right away, at 267-251-7862.

THANK YOU, and we look forward to welcoming you on May 4!

[Registration Form](#)

To save paper, ONE (1) form per couple is fine, provided that both partners sign the Waiver (next page).

Name(s) of Guest(s): _____

Address: _____

Telephone: _____

e-mail: _____

Emergency Contact: Name _____ Relationship _____ Tel. # _____

Are you a current BCP member? Circle: Yes No

How did you hear about this event? _____

Room occupancy (circle): Single Double* Other* _____

*Name(s) of Roommate(s) [or write, "PleaseAssign"] _____

Special Needs [e.g., diet, allergy, etc.]: _____

What is/are your usual riding level(s), e.g., speeds, preferred distances, etc.? _____

(Below are BCP's Ride Classifications. Please feel free to circle your level(s).)

Class	Difficulty	Rate
Class A	Difficult, 45 to 100+ miles	18-20mph average on flat terrain
		16-18mph average on rolling/hilly terrain
		<u>15-16mph average on very hilly terrain</u>
Class B	Advanced, 25 to 90 miles	15-18mph average on flat terrain
		13-16mph average on rolling/hilly terrain
		<u>12-14mph average on very hilly terrain</u>
Class C	Moderate, 15 to 75 miles	12-15mph average on flat terrain
		10-13mph average on rolling/hilly terrain
		<u>9-11mph average on very hilly terrain</u>
Class D	Easy, 10 to 25 miles	8-11mph average on flat terrain
		<u>4-7mph average on more hilly terrain</u>

Ability to Volunteer/Assist with this Event [Volunteers are tremendously vital & appreciated! 😊]:

- _____ Obtain & bring groceries/supplies to hotel [BCP will reimburse you]
- _____ Lead a ride one day to increase cycling choices for guests at varying levels of ability/interest
- _____ Help set-up party room on Friday, keep tidy between parties, and/or,
- _____ Help clean up party room on Sunday
- _____ Be available for 1-2 hrs on one day as a "SAG" driver, in case someone needs to be picked up
- _____ Other- _____

Entrée Selection for Saturday evening dinner at Victoria House [cooking details available from Linda, if needed]

- _____ White meat/Chicken
- _____ Red Meat
- _____ Fish
- _____ Vegetarian

Cancellation Policy: Cancellation notices received up to two weeks prior to check-in [i.e., by Friday, April 20] will be refunded in full, minus a \$5 service fee. Cancellation notices received less than two weeks prior cannot be refunded, unless the room can be reassigned to another party, e.g., someone on the waiting list.

Weather Policy: BCP's Weekend Events take place **RAIN OR SHINE**. We have contractual obligations to the hotel, restaurant, & bus company. If we provide our guests with relaxation & laughter, friendships old & new, great food & drink & merrymaking, the weekend will be a success, regardless of the weather.

Payment

Please circle your selections.	Member	Non-member**
EARLY-BIRD [postmarked or paid on-line By Wednesday, April 4]	\$165/person, double occupancy	\$185/person, double occupancy
LATE Registration [Postmarked or paid on-line AFTER Wed, April 4]	\$185/person, double occupancy	\$205/person, double occupancy
Single occupancy supplement, <u>if applicable</u>	ADD \$80, IF you desire a room by yourself	ADD \$88, IF you desire a room by yourself
**[OPTIONAL] Non-members can become "instant" members by paying an additional \$15 for an Electronic/On-Line membership. This entitles you to the lower rate. Membership is valid for one year.	N/A	\$15

Total payment: _____

Special Offer for BCP MEMBERS ONLY: BCP MEMBERS who register for the Spring-n2-Cycling Weekend by the early-bird deadline (4/4/12) will receive a \$10/person deferred voucher (discount coupon) for the Fall Foliage Weekend in October of 2012!

Please make check payable to: "BCP Spring Weekend". Please send your check to: "BCP Spring Weekend, c/o Linda McGrane, 87A Laurel Avenue, Cheltenham, PA, 19012-2046." Including a SASE is not essential, but is appreciated, in sending your confirmation letter/driving directions, etc., as quickly as possible. Again, if you have any **questions or concerns**, please contact **Linda McGrane**, at: **267-251-7862**, or **mcgrane_linda_a@yahoo.com**.

Waiver: I understand that participation in Bicycle Club of Philadelphia ("BCP") activities is at my own risk. For cycling events, it is BCP's policy for all participants to obey traffic laws and to require you to wear an approved safety helmet. Furthermore, by participating in a BCP cycling event I hereby represent that I am able to operate my bicycle properly and that my bicycle is in good mechanical condition. For non-cycling events, participants agree to act safely and obey any rules or regulations applicable to the event. I acknowledge that I am aware of the risks and dangers inherent with participating in this BCP event and knowingly and voluntarily assume the risk of injury resulting there from. I understand that supervision, training or oversight may not be provided by BCP with respect to this event. I acknowledge that BCP and its directors, officers, members, contributors, sponsors, ride leaders and other event coordinators are not insurers of my personal safety or property and do not assume any liability for personal injury or property loss sustained during this BCP event. By signing below and in consideration for being allowed to participate in this BCP event, I fully release BCP and its directors, officers, members, contributors, sponsors, ride leaders and other event coordinators from any liability, specifically but not limited to liability for their negligent acts, stemming from or relating to past or future BCP sponsored events or activities. I have read and understood this notice and release, and intend to be legally bound by it. Note: If rider is under 18 years of age, both rider AND parent or guardian MUST SIGN THIS SHEET. Use more than one line if additional space is required.

Signature _____ Date _____

Signature _____ Date _____